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that experience, but it is reported in the books. And at this stage, of course, the fears are much less prominent. We have gone through the stage of fearfulness; the organism no longer has energy to produce these sort of fears, the pathology has moved even deeper and so you don't expect to see the fears. This is a late stage in a way.

LYCOPodium CHILDREN

Of course it is interesting to speculate that the idea that this remedy is especially useful in children, is because the main pathology of *Lycopodium* affects the gastro-intestinal tract. And the main relationship of infants with the world is through their gastro-intestinal tract. It is a very big remedy for nasal obstruction in infants. You can look under nose, obstruction, children, nursing infants (page 341, *Lycopodium*, [3]); or nose, snuffles in new-born infants (page 351, *Lycopodium*, [3]). Colic, trapped gas. It is definitely a remedy to be thought of in colic, although in my experience, not so common as one would think. More commonly: *Belladonna*, *Colocynthis* and *Dioscorea*.

JS: Just a little tip about colic in infants: one of the most useful physical signs about the colic is what?

AD: Doubles up.

JS: Doubles up or bends back. You have to see what the kid does. If the kids, when they get the colic they kick their little feet and wave their arms but they do it like this (IB: doubling up), it is one group of remedies. If they throw their head back and throw their arms out like that, it is another group of remedies. Abdominal pain or cramps, bending backward ameliorates. This is the first thing you want to know. Like when someone says: I have a sore throat; the first thing you ask them is: which side, left or right? If they say left side, you throw out three-quarters of *materia medica*. If they say right side, you throw out three-quarters of *materia medica*. I am just talking very quickly. Infants have colic; do they bend forward or do they bend backwards? If it is clear they bend backwards, you throw out ninety-five per cent of *materia medica*.

It is a small rubric. Of course often it doesn't help a hell of a lot and the remedy you give doesn't work and you have to try again. But infant colic is a five minute consultation; this is the main thing.

AD: Is it possible a child can present both extension and bending?

JS: Yes, but then you have to look somewhere else for your remedy. So, colic, trapped gas. The child cries all day and is good at night, a keynote for *Lycopodium*. The opposite remedy is *Jalapa*, good all day and cries all night. Also, I believe *Psorinum* has that characteristic (IB: page 93, weeping children, toss all night, *Psorinum*, [2], addition from *Vithoulkas*).

A little bit older children: intellectual, bookworm-type kids. Large head, puny body, dealing with the world through their minds. This is their defence, their mind. Intellectual precocity. The precocious remedies, page 69, *Asarum*; *Lycopodium*, [1]; *Mercurius*, [1]; *Phosphorus*, [1]; *Tuberculinum*, [1]; *Veratrum album*, [2]; additions from *Vithoulkas*.

These are kids with many fears. They weep at the slightest cause (page 94, weeping at the least worry, children, *Causticum*, [3]; *Lycopodium*, [1]). The main remedy there is *Causticum*. *Lycopodium* can do it, but if this is the symptom that you have, it is much more likely to be *Causticum*, if this is the main issue. Many, many fears, very fearful children, they cry at the least thing, it is much more likely to be *Causticum*. But these are kids who have this; intellectual types, bookworms, afraid, cowardice. They are cowardly; they can't take the challenge of life. Well-behaved at school, terror at home. Another remedy which has this: well-behaved at school, terror at home, surprisingly enough is *Stramonium*.

Of course these are kids who are disobedient at home, you see they insult their parents, the petty tyrants. Of course, if you don't have children like this I am sure you have seen patients with that. The kids just rule the roast. The parents are running around after the kid. The kid: "Do this, do that." And maybe they don't express it like that, they don't say: "Do this!" But you see the kid comes in the office and they are sitting there and they go: "Waaahhh!!"