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Arthritis

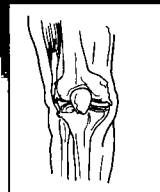
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Headache

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ARTHRITIS 3



Degenerative Changes

MORE CHRONIC

- Arthritis at site of old injury. Contracture & stiffness.
 - Nodules, *deposits* in tendons, joints. *Weak ligaments*.
- < Motion, A.M., p.m., cold, wet, touch > Warmth, rubbing.

RUTA

44

- *Rheumatism* from recurrent strains, dampness, wear.
 - STIFFNESS; Weak or lame joints. Painful nodosities.
- < Motion, exertion, COLD, damp > Warmth, rubbing.

CALC CARB

14

- *Wrist, knee*, limbs, spine. BURNING, tearing pain.
 - CONTRACTION of tendons, STIFFNESS, *deformity*.
- < MOTION, HEAT > Cold compress, stretching, yawning.

GUAIACUM

29

- STIFFNESS. Joint contraction, deformity. Ankylosis.
 - Tearing pain. RESTLESSNESS. Paralysis, weakness.
- < COLD, dry, wind, P.M. > WARMTH, damp weather.

CAUSTICUM

18

- Chronic arthritis with *nodosities*. Sites of old sprains.
 - Cracking, STIFFNESS, cramps, weak ligaments.
- < 1st Motion, COLD, damp, rest > Limbering, warmth.

CALC FLUOR

15

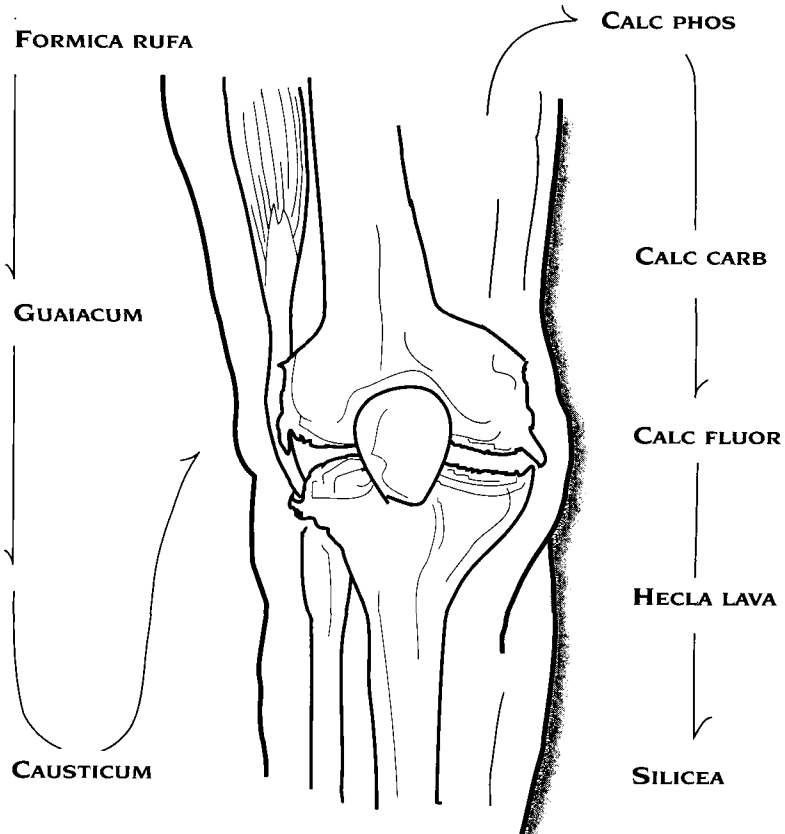
- EXOSTOSES, arthritic nodosities, spurs, deformity.
 - Bone tumors, growths or inflammation. *Hip joint disease*,
- < TOUCH, pressure, initial motion, rest, after injury.

HECLA LAVA

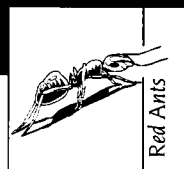
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DEGENERATIVE PHASE

The remedies shown below are the core homeopathic medicines in degenerative joint conditions. Those on the left are involved with chronic inflammatory and sclerotic reactions. Those on the right represent deeper destruction or atrophy of soft tissue and bone, where active inflammation is no longer occurring to any degree.



FORMICA RUFA



KEYNOTES

- Inflammation of joints and muscle. Nodosities, osteophytes.
- Sudden, erratic, shifting pains with excitability, RESTLESSNESS.
- < Motion, cold, damp > Warmth, rubbing, pressure. Easy fatigue.

MUSCULOSKELETAL SYMPTOMS

Pain

- SUDDEN rheumatic pains, erratic and CHANGEABLE (24-48 hours).
- May shift from right to left or left to right.
- From overlifting, injury, cold weather, *suppression of foot sweat*.
- Muscles feel strained, as if torn at their sites of attachment.

Locations

- Neck pain, arm neuralgia < bending back, motion, sitting up > heat.
- Pain in the neck when chewing < on closing the jaws.
- Left elbow and wrist pain, or pain wanders from left or right.
- Left sacro-iliac pain. Low back pain.
- Rheumatic pain in knee joints < walking.

Associated

- RESTLESSNESS though < motion. Desires activity but too tired.
- EASY FATIGUE. Lethargy and need to lie down.
- Stiffness, CONTRACTION of joints.
- Hard nodosities around joints. Osteophytosis, exostoses.
- SKIN RASH. Red and itching. Vasculitis, hives (like ant bites).
- Mental agitation, excitability, buoyancy.
- In acute conditions, *profuse sweats which give no relief*.
- Numbness or falling asleep of hands or feet. Cramps of feet.
- Weakness of lower limbs.
- Gout or high uric acid.

Modalities

- < MOTION. COLD, cold water, damp, *before snowfall*. Sitting. Right side.
- > PRESSURE. HEAT. Massage. Rest, lying. After midnight.

FORMICA RUFA

▼ SYMPTOM PROFILE

Psychological

- Mentally ACTIVE, cheerful. Restless, EXCITABLE, nervous.
- Desires activity but *too exhausted*. Weakened memory < evening.
- Depression with apathy, dejection, irritability.
- < Effects of bad news, humiliation. *Dwells on past sad events*.
- Dreams of funerals, coffins or sexual dreams.

ENT

- NASAL POLYPS. Nasal obstruction. Weak vision. *Rheumatic iritis*.

Nervous System

- Headache all day, afternoon > pressure. Stroke. Paralysis.

Digestive

- Fetid, putrid diarrhea < waking or after breakfast. Umbilical pain.

Skin

- *Red, itching, burning*. Flat HIVES < cold water. Wounds that atrophy.

Urinary

- Albuminuria. Frequent urination; phosphates, urates. Fetid odor.

▼ DOSAGE

Potency

- Low potency: 3, 6, 12, 30, or 200.

Repetition

- Can be repeated in lower potencies as symptoms require.

▼ CLINICAL CONDITIONS

Joins

- Facial neuralgia after extraction or decay • Gout
- Lupus and connective tissue disorders • Migratory arthritis
- Old injuries, strains, or dislocations • Osteoarthritis
- Osteophytes • Reiter's syndrome • Rheumatism
- Sacroiliac arthritis • TMJ problems.

Bone

- Bone tumors (jaw, lower extremities) • Exostosis • Osteitis
- Osteosarcoma • Periostitis (acute and chronic) • Rickets.