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# LM/Q 1

Rajan Sankaran uses the word 'fact' for the lowest potency: the name of the disease of the patient who comes for a consultation. In regular medicine we talk about asthma patients, patients with heart diseases. There are doctors specialised in lung diseases, heart diseases etc. We have associations of patients based on diseases. A patient who needs a homeopathic remedy in LM/Q 1 has a disease with all the symptoms we know from the medical books, like a standard. For instance this can be a disease in a family where all members have the same symptoms. Another use for LM/Q 1 is an emotional situation where you have a standard reaction. An example: with other car drivers you are waiting in a car park to park your car. A car driver leaves his place and it is your turn to park. Then someone comes from the other side and rudely takes the place. How do you react? You are angered. To everyone who is intending to listen you explain about what happened to you. 95% of the people who are confronted with a situation like this will react the same way. *Staphysagria* LM/Q 1 will help you to leave this behind and go on with your life. Hahnemann describes the use of LM/Q potencies in the sixth edition of the *Organon*. Ewald Stöteler and Luc de Schepper teach us how to use these potencies successfully.

## Characteristic words or language related to these potencies

Standard  
Objective  
Fundamental  
Factual  
Matter of fact, by definition  
Elementary  
Real  
Concrete

## Standard

### Case 1 *ALOE VERA* LM1

A middle-aged patient comes to see me with complaints after

## C/K 6, LM/Q 2

In *Chronic Diseases* Hahnemann explains that he gives 30C, 12C and 6C one after another in a case. In the Banerji protocols we find *Ruta* 6C given to patients with a brain tumour or with multiple sclerosis. I discovered that these potencies change the deep-seated inner feelings of a patient. These feelings are deep inside and when I ask a patient about them, it takes time to reflect, to go inside and find the answer. These feelings are not related to words. The process before the answer is: to dive into yourself (the eye contact is lost) to feel, to search for the right words, to emerge and then formulate the answer (at that moment there is again eye contact). I have to wait and observe this. It is my observation that these deep-seated inner feelings have their origin in pregnancy. During the pregnancy a lasting emotional state of the mother will be incorporated into the cells of the child. Normally our emotional state changes all the time and after birth the state of the mother can be changed or not. When the state lasts, it will be remembered and be part of the child's history. But when the state is gone it is difficult to find. An example: during pregnancy there is a threat of financial loss because the father loses his job. After three months he finds a new job nearby, even better than he had before and everybody is happy. The threat is gone, there is no need to move etc. So at the moment of birth everything is back to normal.

The inner feeling of the child (and later on this individual) will be related to this threat of financial loss. Every time he hears about it, even when he is not personally involved, he will be overwhelmed by these feelings of threat, which undermine his wellbeing. The remedy he needs will be found in the history of his parents during his pregnancy, and the potency he needs is C/K 6 or LM/Q 2.

### Characteristic words or language related to these potencies

Feel

Sense

Perceive

Undermine